



STUCK IN THE MUD

What you need: Nothing

Music requirements: None

Age suitability: 5+

This is an old favourite game that has been around for a long time.

This game is best played outside in a large open space.

Choose one child to be 'it'. That child chases all the others around and if they touch any other child they immediately become 'stuck in the mud'. This means they must stand still with their legs apart. Any other child who is still free to run around can crawl through a stuck child's legs which then sets them free from the mud to run around again. If the child is caught while trying to crawl under another child's legs to free someone then they both become stuck in the mud. The last person to be caught has the next go at being 'it'.

If there are a lot of children playing any child caught whilst trying to crawl under another child to free them could join the 'it' child in trying to catch other children.