



PING-PONG CATCH

What you need: two ping pong balls and a plastic straw for each child

Music requirements: None

Age suitability: 5+

Split the children into two teams. One child from each team stands at the other end of the yard facing their team. The rest of the team forms a line behind each other. Each child is given a straw and the first child in each team is given a ping-pong ball as well. When you say "GO!" that child has to blow the ping pong ball towards their team at the other end of the room. As soon as the waiting child can catch the ball he does and then runs back with it handing it to the next person in the line who then takes a turn blowing the ball towards the new person at the end. The first team to have everyone have a go is the winner.