



LIMBO

- What you need: a long smooth stick like a broomstick
- Music requirements: Yes
- Age suitability: 4+

You need two adults to hold each end of the stick. You should start at around adult chest height. Each child takes in turn dancing under the stick around in a circle. They must bend backwards when going under the stick. Once everyone goes under the stick you lower it slightly. If anyone touches the stick or the floor with their hands or bottom they have to stand out. The last child who can get under the lowest point is the winner (if you are playing for a winner).

Make sure the area under the stick is safe, that is, no rocks or rough patches so that no one gets hurt.